



## SOUTHERN CAREGIVER RESOURCE CENTER

In Partnership with  
San Diego County Supervisor Greg Cox  
Chula Vista Mayor Cheryl Cox

Present

# “Caring for the Caregiver”

In Collaboration with Partners in Caring Members:  
Elder Law and Advocacy  
The Glenner Memory Care Centers  
&  
Jewish Family Service

We invite you to attend this **FREE** informational workshop for family caregivers. Come and learn more about caregiving and communication techniques, obtain helpful resources and get answers to your most pressing questions.

**July 31, 2014**  
**5:00pm-7:30pm**

**Chula Vista Public Library Auditorium**  
**Civic Center Branch**  
**365 F St**  
**Chula Vista, CA 91910**

**FOR MORE INFORMATION AND TO RSVP PLEASE CONTACT:**

**SOUTHERN CAREGIVER RESOURCE CENTER**  
**1800-827-1008 OR (858) 268-4432**



# AGENDA

RESOURCE FAIR  
5:00 PM—5:30PM

WELCOME  
5:30PM—5:45PM

FAMILY INVOLVEMENT  
5:45PM—6:05PM

FALL RISK PREVENTION  
6:05PM—6:25PM

MEDICARE 101  
6:25PM—6:45PM

COORDINATED CARE INITIATIVE  
CAL MEDICONNECT & MANAGED MEDI-CAL  
6:45PM— 7:10PM

RESOURCE FAIR  
7:10PM— 7:30PM

SPECIAL THANKS TO OUR SPONSORS:  
MAYOR CHERYL COX, SUPERVISOR GREG COX, ELDER LAW & ADVOCACY,  
THE GLENNER MEMORY CARE CENTERS, JEWISH FAMILY SERVICE,  
SILVERADO HOSPICE, CHULA VISTA LIBRARY

**REFRESHMENTS PROVIDED**  
**CHANCE TO PARTICIPATE IN AN OPPORTUNITY DRAWING**